

SAISONCALENDER VEGETABLES



| | Jan. | Feb. | Mar. | Apr. | May | Jun. | Jul. | Aug. | Sept. | Oct. | Nov. | Dez. |
|--------------------|------|------|------|------|-----|------|------|------|-------|------|------|------|
| Arugula | | | | | | | | | | | | |
| Asparagus | | | | | | | | | | | | |
| Aubergine | | | | | | | | | | | | |
| Beetroot | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | |
| Butterhead lettuce | | | | | | | | | | | | |
| Brussel Sprouts | | | | | | | | | | | | |
| Carrot | | | | | | | | | | | | |
| Cauliflower | | | | | | | | | | | | |
| Chinese cabbage | | | | | | | | | | | | |
| Corn lettuce | | | | | | | | | | | | |
| Cucumber | | | | | | | | | | | | |
| Iceberg lettuce | | | | | | | | | | | | |
| Kale | | | | | | | | | | | | |
| Kohlrabi | | | | | | | | | | | | |
| Onion | | | | | | | | | | | | |
| Parsnip | | | | | | | | | | | | |
| Potato | | | | | | | | | | | | |
| Pumpkin | | | | | | | | | | | | |
| Radish | | | | | | | | | | | | |
| Savoy cabbage | | | | | | | | | | | | |
| Spinach | | | | | | | | | | | | |
| Spring onion | | | | | | | | | | | | |
| Swiss chard | | | | | | | | | | | | |
| Tomato | | | | | | | | | | | | |
| Zucchini | | | | | | | | | | | | |

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|-----------|------|------|------|------|-----|------|------|------|-------|------|------|------|
| Apple | ■ | | | | | | | 🍏 | 🍏 | 🍏 | 🍏 | ■ |
| Apricot | | | | | | 🍑 | 🍑 | 🍑 | | | | |
| Berry | | | | | 🍓 | 🍓 | 🍓 | 🍓 | | | | |
| Cherry | | | | | 🍒 | 🍒 | 🍒 | 🍒 | | | | |
| Damson | | | | | | | 🍎 | 🍎 | 🍎 | 🍎 | | |
| Grape | | | | | | | | 🍇 | 🍇 | | | |
| Mirabelle | | | | | | | 🍈 | 🍈 | 🍈 | | | |
| Pear | | | | | | | | 🍐 | 🍐 | 🍐 | ■ | |
| Plum | | | | | | | 🍑 | 🍑 | 🍑 | | | |
| Rhubarb | | | | 🍷 | 🍷 | 🍷 | | | | | | |
| Marron | | | | | | | | | 🍞 | 🍞 | 🍞 | |

■ = Stock

